



Because YOU Matter!

**Trumbull County Wellness Committee
Meeting Summary
Thursday, October 14, 2021**

The Trumbull County Wellness Committee met on Thursday, October 14, 2021, at the Commissioners' Hearing Room at the Administration Building. Those in attendance included:

Jenna Amerine, TCCHD, Chairperson
Mitzi Sabella, Planning Commission
Mike Merk, UHC
Marge Seyer, JFS
Barb Vingle, Clerk of Clerks

Chairperson, Jenna Amerine, called the meeting to order at 3:10 p.m.

I. Old Business

Jenna Amerine spoke about the following:

- Healthy Literacy
- Will promote Flu Shots and COVID-19 Boosters
- Will promote Diabetes Awareness
- Will promote Real Appeal
- January will do weight loss competition
- Discussed a step count – Barb Vingle will track steps for employees.

II. New Business

- Will work on 2022 Wellness Plan Calendar – Mike Merk with help with this.
- Spoke about gym membership incentive details. Mike Merk will help with this. Will need report to the Commissioners.
- Jenna spoke to Lisa Hovance about the website.
- Discussed end of year satisfaction survey.

II. Adjournment

Next meeting will be on Thursday, November 4, 2021, at 3:00 p.m. in the Commissioners' Hearing Room.

There being no further business, the meeting was adjourned at 3:48 p.m.

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